

# Biological counterstrike: antibiotic resistance mechanisms of Gram-positive cocci

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## ABSTRACT

The development of antibiotic resistance by bacteria is an evolutionary inevitability, a convincing demonstration of their ability to adapt to adverse environmental conditions. Since the emergence of penicillinase-producing *Staphylococcus aureus* in the 1940s, staphylococci, enterococci and streptococci have proved themselves adept at developing or acquiring mechanisms that confer resistance to all clinically available antibacterial classes. The increasing problems of methicillin-resistant *S. aureus* and coagulase-negative staphylococci (MRSA and MRCoNS), glycopeptide-resistant enterococci and penicillin-resistant pneumococci in the 1980s, and recognition of glycopeptide-intermediate *S. aureus* in the 1990s and, most recently, of fully vancomycin-resistant isolates of *S. aureus* have emphasised our need for new anti-Gram-positive agents. Antibiotic resistance is one of the major public health concerns for the beginning of the 21st century. The pharmaceutical industry has responded with the development of oxazolidinones, lipopeptides, injectable streptogramins, ketolides, glycyclines, second-generation glycopeptides and novel fluoroquinolones. However, clinical use of these novel agents will cause new selective pressures and will continue to drive the development of resistance. This review describes the various antibiotic resistance mechanisms identified in isolates of staphylococci, enterococci and streptococci, including mechanisms of resistance to recently introduced anti-Gram-positive agents.

**Keywords** Enterococci, staphylococci, streptococci, resistance mechanisms, review

*Clin Microbiol Infect* 2005; 11 (Supl. 3): 2–21

## INTRODUCTION

We have been using antibiotics for <70 years but, despite our proven technological innovation, we are constantly being challenged by the ready adaptability of the bacterial pathogens that we naively sought to conquer and eradicate. This 'arms race' has resulted in bacteria that are resistant to all antibacterial classes. Antibiotic resistance remains, more than ever, a key issue for medical microbiology.

Yet, despite frequent banner headlines in the mass media, there are relatively few 'superbugs', if one defines these as bacterial pathogens

resistant to all clinically available agents. From a clinical perspective, the bacteria justifying the term most fully are multi-resistant Gram-negative species (*Pseudomonas* spp., *Acinetobacter* spp. and members of the Enterobacteriaceae), which are isolated with increasing frequency both in hospitals and, even more worryingly in some instances, in the community; there is a dearth of novel agents active against such resistant isolates [1,2]. However, the epithet is more often applied to resistant strains of Gram-positive species, especially to methicillin-resistant *Staphylococcus aureus* (MRSA) and to glycopeptide- or vancomycin-resistant enterococci (GRE or VRE). The pharmaceutical industry has provided a number of recently licensed products that are active against the vast majority of such strains, and still further anti-Gram-positive agents are in development [3]. However, the spectre of resistance is never far from the horizon. There have been reports of

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resistance to novel agents, including to those licensed for clinical use since the beginning of the 21st century.

This article reviews the myriad mechanisms of resistance to diverse antibiotic classes that have been identified in resistant Gram-positive bacteria. A summary of these mechanisms is provided in Table 1.

## $\beta$ -LACTAM RESISTANCE

The  $\beta$ -lactams are the most widely used antibacterial class. Since the introduction of penicillin in the 1940s, the class has been developed and expanded to provide a continuing flow of agents with enhanced activity against bacteria resistant to preceding members.

Methicillin was introduced in the early 1960s to combat hospital strains of penicillinase-producing *S. aureus*, it being resistant to hydrolysis by these enzymes. However, resistance to methicillin was noted shortly thereafter [4]. MRSA and methicillin-resistant coagulase-negative staphylococci (MRCoNS) are all too familiar in today's hospitals [5]. In England and Wales, MRSA accounts for c. 40% of *S. aureus* from bacteraemias, and >70% of CoNS isolates from bacteraemias are methicillin-resistant [6]. The majority of UK MRSA isolates belong to two epidemic strains, designated EMRSA-15 and EMRSA-16 [7]. Successful clones of MRSA have been documented worldwide, and molecular epidemiology is now being used to monitor their spread [8,9].

Methicillin resistance arises following the acquisition of novel DNA, which results in production of a new penicillin-binding protein (PBP), known as PBP2' or PBP2a, which has low binding affinity for methicillin and other currently available  $\beta$ -lactams (several novel anti-MRSA cephalosporins are being developed [3]). PBP2' is the product of the c. 2 kb *mecA* gene, which is part of a much larger mobile genetic element, the staphylococcal chromosomal cassette *mec* (SCC*mec*). At least five different SCC*mec* types have been described, which vary in size from c. 20 kb (type IV) to c. 70 kb (type III) [10–13]. In addition to *mecA*, these complex genetic elements may also contain integrated plasmids and transposons conferring resistance to other antibiotic classes. Analysis of SCC*mec* and other staphylococcal chromosomal cassettes is providing new insights into the evolution and population biology of

MRSA strains [9,11,14–17]. The origin of *mecA* remains uncertain, although a homologue has been identified in *Staphylococcus sciuri* [18].

Although penicillinase production is common in *S. aureus*, it is very rare in enterococci [19–22], and has not been reported in streptococci. Enterococci are intrinsically resistant to marketed cephalosporins because of the presence of PBP with low affinities for these agents [23]. Also, they are often tolerant of the bactericidal action of penicillins, although this may be an acquired characteristic [24]. Non-penicillinase-mediated resistance to ampicillin and penicillin is particularly associated with isolates of *Enterococcus faecium* (MIC, >8 mg/L) and also results from the presence of a low-affinity PBP, PBP5 [25]. Mutations affecting chromosomal genes, such as those encoding PBP, are not usually considered to be transferable, but mobilisation of *pbp5* by an adjacent copy of transposon Tn5382, which encodes VanB glycopeptide resistance (see below), has been observed from some *E. faecium* strains in the USA [26].

The rule that bacteria always develop resistance to antibiotics holds for most 'bug/drug' combinations. It is equally true that there is an exception to every biological rule. Despite over 60 years of penicillin use, no mechanism of penicillin resistance has been documented in  $\beta$ -haemolytic streptococci of Lancefield groups A, C or G. The reason for this absence is unknown, although isolates suspected to show resistance have been alluded to on occasion [27]. Clinical isolates of group B streptococci also remain susceptible to penicillin [6,28], although there is a report of resistance in *Streptococcus agalactiae* from dairy cows [29]. Penicillin resistance does occur in viridans streptococci and in *Streptococcus pneumoniae*. As with enterococci, the mechanism involves PBPs with reduced binding affinities, but in streptococci these are the products of mosaic genes that have arisen via inter-species transformation and recombination events [30–32]. Penicillin resistance develops in a step-wise manner with the level of resistance in a particular strain reflecting the number of PBPs affected by the mosaicism. Thus, for example, pneumococci with intermediate penicillin resistance (MIC, 0.1–1 mg/L) typically have fewer mosaic PBP species than isolates with full resistance (MIC,  $\geq 2$  mg/L). Alterations to PBPs may also cause unusual resistance phenotypes, such as isolates of pneumococci that exhibit oxacillin resistance while remaining susceptible to

Table 1. Main mechanisms of acquired antibacterial resistance in staphylococci, enterococci and streptococci

Resistance mechanisms reported (gene) <sup>a</sup>			
Antibacterial class	<i>Staphylococcus</i>	<i>Enterococcus</i>	<i>Streptococcus</i>
β-Lactams	β-Lactamase (penicillinase); low-affinity PBP2' ( <i>mecA</i> ) in most methicillin-resistant strains; alterations to other PBP	low-affinity PBP5 (especially in <i>E. faecium</i> ); β-lactamase (penicillinase; rare)	Altered PBPs (mosaic genes); not in β-haemolytic streptococci (groups A, B, C and G)
Glycopeptides	Overproduction of D-alanyl-D-alanine (rare, GISA phenotype); teicoplanin-resistant, vancomycin-susceptible phenotype in CoNS (especially <i>S. epidermidis</i> and <i>S. haemolyticus</i> ); D-alanyl-D-lactate-containing peptidoglycan precursors, <i>vanA</i> (very rare)	D-alanyl-D-lactate-containing peptidoglycan precursors, <i>vanA</i> , <i>vanB</i> , <i>vanD</i> ; D-alanyl-D-serine-containing peptidoglycan precursors, <i>vanC</i> , <i>vanE</i> and <i>vanG</i>	D-alanyl-D-lactate-containing peptidoglycan precursors, <i>vanA</i> , <i>vanB</i> (rare); tolerance to vancomycin in pneumococci
Aminoglycosides	Aminoglycoside modifying enzyme: gentamicin resistance, <i>aac(6')-aph(2'')</i> ; tobramycin/kanamycin/amikacin resistance, <i>ant(4)-I</i> ; kanamycin/amikacin resistance, <i>aph(3')-III</i> ; streptomycin resistance, <i>ant(6)-I</i> , <i>aph(3'')</i> , <i>ant(3'')-I</i> ; spectinomycin resistance, <i>ant(9)-I</i>	Aminoglycoside modifying enzyme: gentamicin resistance, <i>aac(6')-aph(2'')</i> >> <i>aph(2'')-Ib</i> , <i>aph(2'')-Ic</i> , <i>aph(2'')-Id</i> ; streptomycin resistance, <i>ant(6)-I</i> >> <i>ant(3'')-I</i> ; tobramycin/kanamycin/amikacin resistance, <i>ant(4)-I</i> ; kanamycin/amikacin resistance, <i>aph(3')-III</i> ; spectinomycin resistance, <i>ant(9)-I</i>	Aminoglycoside modifying enzyme: gentamicin resistance, <i>aac(6')-aph(2'')</i> (rare); streptomycin resistance, <i>ant(3'')-?</i> ; kanamycin/amikacin resistance, <i>aph(3'')-III</i> ; ribosomal mutations
Macrolides, lincosamides, streptogramins B and ketolides	23S rRNA methylase, <i>erm(A)</i> , <i>erm(C)</i> , <i>erm(Other)</i> (MLS <sub>B</sub> phenotype); efflux pump, <i>msr(A)</i> ; macrolide phosphotransferase, <i>mpl(C)</i> ; lincosamide nucleotidyltransferase, <i>lin(A)</i>	23S rRNA methylase, <i>erm(B)</i> , <i>erm(Other)</i> (MLS <sub>B</sub> phenotype); efflux pump, <i>mef(?)</i> , <i>msr(C)</i> ; lincosamide nucleotidyltransferase, <i>lin(B)</i>	23S rRNA methylase, <i>erm(B)</i> , <i>erm(A)</i> (MLS <sub>B</sub> phenotype); efflux pump, <i>mef(A)</i> , <i>mef(E)</i> , <i>mre(A)</i> ; 23S rDNA mutations (at nucleotides A2058, A2059G, C2610 and C2611); mutations in L4 or L22 ribosomal proteins
Streptogramin combinations	Streptogramin A acetyltransferase, <i>vut(A)</i> , <i>vut(B)</i> <i>vut(C)</i> ; streptogramin A efflux pump, <i>vga(A)</i> , <i>vga(B)</i> ; streptogramin B lyase, <i>vgb(A)</i> , <i>vgb(B)</i> (all rare)	Streptogramin A acetyltransferase, <i>vut(D)</i> , <i>vut(E)</i> ; streptogramin B lyase, <i>vgb(A)</i> (rare)	Mutations in L22 ribosomal protein ( <i>vplV</i> , rare)
Fluoroquinolones	Mutations in topoisomerase IV ( <i>parC</i> > <i>parE</i> ) and DNA gyrase ( <i>gyrA</i> > <i>gyrB</i> ); efflux pump, <i>norA</i> , other	Mutations in topoisomerase IV ( <i>parC</i> > <i>parE</i> ) and DNA gyrase ( <i>gyrA</i> > <i>gyrB</i> ); efflux pump, <i>emeA</i> , other	Mutations in topoisomerase IV ( <i>parC</i> > <i>parE</i> ) and DNA gyrase ( <i>gyrA</i> > <i>gyrB</i> ); efflux pump, <i>pmrA</i> , other
Oxazolidinones	G2576T (or T2500A) 23S rDNA mutation (rare)	G2576T 23S rDNA mutation (rare)	G2576T 23S rDNA mutation (rare)
Chloramphenicol	Chloramphenicol acetyltransferase, <i>cat<sub>various</sub></i>	Chloramphenicol acetyltransferase, <i>cat<sub>various</sub></i>	Chloramphenicol acetyltransferase, <i>cat<sub>various</sub></i>

Fusidic acid	Chromosomal mutations affecting EF-G, <i>fusA</i> ; impermeability; inactivation; efflux pump	NA	NA
Mupirocin	Acquired isoleucyl tRNA synthetase, <i>mupA</i> (high-level resistance); chromosomal mutations, <i>ileS</i> (low-level resistance)	NA	NA
Rifampicin	Chromosomal mutations, <i>rpoB</i>	Chromosomal mutations, <i>rpoB</i>	Chromosomal mutations, <i>rpoB</i>
Tetracyclines	Efflux pump, <i>tet(K)</i> , <i>tet(L)</i> ; ribosomal protection, <i>tet(M)</i> , <i>tet(O)</i>	Ribosomal protection, <i>tet(M)</i> , <i>tet(O)</i> , <i>tet(S)</i> ; efflux pump, <i>tet(K)</i> , <i>tet(L)</i> ; unknown mechanism, <i>tet(U)</i>	Ribosomal protection, <i>tet(M)</i> , <i>tet(O)</i> , <i>tet(Q)</i> , <i>tet(T)</i> ; efflux pump, <i>tet(K)</i> , <i>tet(L)</i>
Trimethoprim	Chromosomal mutations, <i>dfr</i> ; acquired DHFR, <i>dfrA</i> , <i>dfrD</i>	Chromosomal mutations, <i>dfr</i> ; acquired DHFR, <i>dfrF</i>	Chromosomal mutations, <i>dfr</i>

PBP, penicillin-binding protein; DHFR, dihydrofolate reductase; NA, not applicable (intrinsic resistance).

<sup>a</sup>See text for relevant citations.

penicillin [33], have higher MICs of amoxicillin than of penicillin [34], and have resistance to cefotaxime [35,36].

The prevalence of penicillin non-susceptible pneumococci (isolates with intermediate or full resistance) varies markedly between countries. The worldwide prevalence of fully penicillin-resistant pneumococci, estimated from over 8000 isolates from community-acquired respiratory tract infections in 26 countries, was 18.2% in 1998–2000 [37]. A rate of 35.4% (14.2% intermediate, 21.4% full resistance) among 10,000 community-acquired pneumonia isolates collected in 2001–2002 has recently been reported in the USA [38]. Among invasive isolates in the UK, data from the European Antimicrobial Resistance Surveillance System (EARSS) project indicate a decrease in penicillin non-susceptibility from 4% in 2000 to 0.5% in 2004 (<http://www.earss.rivm.nl>; accessed 23/09/2004). In another survey, intermediate penicillin resistance was noted in 9% of pneumococci from bacteraemia in the UK and Republic of Ireland, with no isolates showing full resistance [6].

## GLYCOPEPTIDE RESISTANCE

Transferable glycopeptide resistance was first reported in 1987 and 1988 with the recognition of VanA enterococci [39–41]. Since that time, six different resistance types have been defined in enterococci; five are acquired (VanA, VanB, VanD, VanE and VanG), while the sixth, VanC, is intrinsic to *Enterococcus gallinarum* and *Enterococcus casseliflavus/Enterococcus flavescens*. GRE of all six types produce altered peptidoglycan pentapeptide precursors that terminate not in the typical D-alanyl-D-alanine, but in either of D-alanyl-D-lactate (VanA, VanB and VanD) or D-alanyl-D-serine (VanC, VanE, VanG) [42,43], which results in a much-decreased binding affinity for glycopeptides.

These substantial changes in peptidoglycan composition do not result from acquisition of a single gene; each resistance type is associated with a complex gene cluster [42]. The prototype VanA resistance cluster is found on transposon Tn1546 [44], which carries nine genes, variously responsible for transposition (*orf1* and *orf2*), regulation and expression of resistance (*vanR-SHAX*) and accessory functions (*vanY* and *vanZ*). Similar gene clusters are found in the other

resistance types [26,42,45–53]. Phenotypically, VanA resistance is associated with high-level resistance to vancomycin (typical MIC, >128 mg/L) and, in the vast majority of strains, with cross-resistance to teicoplanin (MIC,  $\geq$ 8 mg/L); some isolates with mutations in the *vanS* regulatory gene appear susceptible (or have only borderline resistance) to teicoplanin [54,55]. Other glycopeptide resistance types confer vancomycin resistance (although this may not be obvious according to all methods of susceptibility testing used in clinical laboratories), but usually spare teicoplanin, at least *in vitro*. VanA enterococci are also resistant to dalbavancin, a phase III developmental glycopeptide (MIC<sub>90</sub>, 32 mg/L vs.  $\leq$ 0.5 mg/L for other enterococci) [3,56]. GRE of all types usually remain susceptible to the novel glycopeptide, oritavancin, which has an evolved mechanism of action (in addition to binding D-alanyl-D-alanine it also seems to inhibit transglycosylases) [57,58], and which is also in phase III clinical trials [3], although VanA and VanB enterococci can acquire moderate levels of resistance to this agent (MIC,  $\leq$ 16 mg/L) in a single step [59].

There is homology between genes conferring acquired glycopeptide resistance in enterococci and the intrinsic resistance genes of glycopeptide-producing species and also, to some extent, in their organisation within clusters [60–63]. However, although it is likely that the producers were the ancestral source of resistance genes, the percentage G + C content of their genes differs markedly from that of enterococcal *van* genes, which argues against recent, direct escape and transfer events. In Europe, selective pressure for the emergence and dissemination of GRE (particularly VanA strains) in food production animals was exerted by use of the glycopeptide avoparcin as a growth promoter. The contribution made by this non-human reservoir of *van* resistance genes to the problem of GRE in hospitals is still hotly debated (as are similar issues for other 'bug/drug' combinations) [64,65]. The use of avoparcin was banned throughout the European Union in 1997 [66].

Currently, the prevalence of GRE in the UK is 20% in *E. faecium* and 3% in *E. faecalis* among enterococci isolated from bacteraemias [6]. Similar rates of glycopeptide resistance occur in some parts of Europe, including Greece, Ireland and Italy, but elsewhere in Europe, prevalence rates in *E. faecium* are typically <10% (EARSS project data, <http://www.earss.rivm.nl>; accessed 23/09/2004).

Glycopeptides retain a key role in the treatment of serious infections caused by MRSA or MRCoNS. Detection and spread of glycopeptide resistance in enterococci therefore prompted concerns that this resistance would 'escape' into staphylococci. This event was not detected until 2002, when two epidemiologically unrelated isolates of MRSA with the *vanA* gene cluster were identified in the USA [67–69]; a third unrelated *vanA* vancomycin-resistant *S. aureus* (VRSA) was reported recently, again from the USA [70]. Vancomycin MICs for these three isolates ranged from 32 to 1024 mg/L; all remained susceptible to linezolid, quinupristin-dalfopristin, and to older antibacterial agents, including rifampicin (two of three isolates), minocycline, chloramphenicol and co-trimoxazole.

Predating VRSA, but also causing public health concern, vancomycin- or glycopeptide-intermediate *S. aureus* (VISA or GISA) were first detected in Japan in 1997 [71,72], and subsequently in other countries [73–77]. These isolates display low-level vancomycin resistance (typical MIC 8–16 mg/L; categorised as 'intermediate' by the interpretative criteria of the National Committee for Clinical Laboratory Standards, hence the acronym), and decreased susceptibility to teicoplanin. Yet other *S. aureus* isolates may contain vancomycin-resistant sub-populations (so-called hetero-VISA/hetero-GISA) [78]. Analysis of data from the EARSS project (<http://www.earss.rivm.nl>; accessed 23/09/2004) revealed only two *S. aureus* isolates (of c. 65 000 isolates collected from 1999–2004 in 26 European countries) that showed decreased susceptibility to vancomycin (the level of resistance was not specified). Although this low prevalence confirms a previous report from the UK [79], the potential for poor detection of VISA/GISA in clinical laboratories [73] must be considered in international surveys.

Isolates of CoNS, particularly *Staphylococcus epidermidis* and *Staphylococcus haemolyticus* [80], commonly show substantial resistance to teicoplanin (typical MIC,  $\leq$ 64 mg/L) while remaining susceptible to vancomycin (MIC,  $\leq$ 4 mg/L). The prevalence of this phenotype was estimated at 35% of CoNS from bacteraemia in the UK and Republic of Ireland [6]. Teicoplanin resistance, but vancomycin susceptibility, has also been reported rarely in *S. aureus* [80]. The prevalence of vancomycin-resistant CoNS in Europe has been estimated in several multicentre studies to be  $\leq$ 0.5% [81].

The mechanism(s) of resistance in GISA, teicoplanin-resistant *S. aureus* and glycopeptide-resistant CoNS are unrelated to those of GRE or intrinsically glycopeptide-resistant Gram-positive species. The precise genetic basis for resistance remains elusive, but the GISA phenotype includes thickened cell walls and over-production of D-alanyl-D-alanine-containing peptidoglycan precursors [78,82–84]. Some GISA isolates have disrupted *agr* function (a virulence regulatory locus [85]), and an *agr*-null mutant gained heteroresistance to vancomycin and was tolerant of its bactericidal effects [86]. Mutations that inactivate *tcaA*, which encodes a putative trans-membrane protein, have also been associated with the GISA phenotype, but the mechanism has not been defined [87].

Vancomycin resistance is very uncommon among streptococci, but has been reported in an isolate of *Streptococcus bovis* from a human stool swab [88], and in isolates of *Streptococcus gallolyticus* [89,90] and *Streptococcus lutetiensis* [90] from faecal samples of veal calves. In these rare cases, resistance resulted from acquisition of gene clusters mediating the enterococcal VanB [88–90] or VanA [89] resistance mechanisms. Glycopeptide resistance has never been reported in *S. pneumoniae*, although tolerance to the bactericidal activity usually shown by vancomycin against this species has been documented [91,92].

## AMINOGLYCOSIDE RESISTANCE

Although streptococci and enterococci are insensitive to aminoglycosides (typical gentamicin MIC, 8–64 mg/L) owing to poor transport across the cytoplasmic membrane, a synergistic combination of a cell wall-active agent (penicillin or glycopeptide) with an aminoglycoside remains the treatment of choice for endocarditis caused by enterococci and viridans streptococci [93–95]. Indeed, for enterococci this is the only currently licensed therapeutic option that consistently shows bactericidal activity against susceptible isolates. Most monotherapeutic agents will not reliably kill the majority of enterococci, although the lipopeptide, daptomycin, which is licensed in the USA (albeit not for use for the treatment of endocarditis), and the second-generation glycopeptide, oritavancin (in phase III trials), are both rapidly bactericidal against many strains, including GRE (and also against MRSA, GISA and VRSA) [3]. Enterococci

that present with high-level aminoglycoside resistance (gentamicin MIC, >512 mg/L; streptomycin MIC, >2000 mg/L) therefore cause therapeutic problems as the synergistic activity of the combination is abolished.

Although ribosomal mutation can result in such high levels of aminoglycoside resistance *in vitro*, especially to streptomycin [96], most resistance in the clinic is mediated by aminoglycoside modifying enzymes (AMEs). AMEs fall into three classes depending upon their biochemical effect on the aminoglycoside substrates, namely acetyltransferases (AAC), phosphotransferases (APH) and nucleotidyltransferases (ANT). Many different AMEs have been reported in staphylococci, enterococci and streptococci, and detection of identical genes in different genera provides evidence for the intergeneric spread of resistance genes.

High-level gentamicin resistance in enterococci has a prevalence in the UK of 25–50% among isolates from bacteraemias [6]. The most common mechanism underlying this phenotype is production of a bifunctional AME, AAC(6′)-APH(2′′). The same enzyme is also found in gentamicin-resistant staphylococci, and has also been reported in occasional isolates of high-level gentamicin-resistant group B [97,98], group G [99] and viridans streptococci [100], and in *Aerococcus* sp. [101]. It confers resistance to all aminoglycosides available in Europe, except streptomycin. However, arbekacin, which is available in Japan, is a relatively poor substrate for AAC(6′)-APH(2′′), and many gentamicin-resistant enterococci and staphylococci remain susceptible to it [102–105].

Although less prevalent than the AAC(6′)-APH(2′′) bifunctional enzyme, acquired gentamicin resistance in enterococci (albeit not always at high-level) may also be conferred by APHs encoded by *aph(2′′)-Ib* [106,107], *aph(2′′)-Ic* [108,109], and *aph(2′′)-Id* [110]. Arbekacin has been reported to retain useful activity against enterococci producing APH(2′′)-Id [111].

High-level kanamycin resistance with amikacin resistance (the latter not always at high level) is commonly encoded by *aph(3′)-III* [112–114], while resistance to these combined with resistance to tobramycin (but not to gentamicin) implies presence of *ant(4′)-I* [114,115]; both mechanisms have been described in enterococci and staphylococci; *aph(3′)-III* also occurs in pneumococci [116–118]. High-level streptomycin resistance is most

commonly encoded by *ant(6)-I*, or by the ANT encoded by *ant(9)-I* and *ant(3'')-I* [114,119]. An ANT(3'') activity has also been reported in isolates of *Streptococcus mitis* with high-level streptomycin and kanamycin resistance [120]. Linkage of *ant(6)-I* (also known as *aadE*) and *aph(3')-III* (*aphA-3*) has been demonstrated in all three genera, occasionally also including linkage to *aac(6')-aph(2'')* [121,122].

### RESISTANCE TO MACROLIDES, LINCOSAMIDES, STREPTOGRAMIN-B AGENTS AND KETOLIDES

The numerous mechanisms responsible for resistance to macrolides (M), lincosamides (L) and streptogramin B agents ( $S_B$ ) have been the subject of recent review and nomenclature changes [123].

Cross-resistance to these three chemically diverse classes of compounds (the  $MLS_B$  phenotype) is conferred by a large number of 23S rRNA methylases, encoded by *erm* genes. These enzymes either mono- or dimethylate nucleotide A2058 [123], which is critical for interactions between the 23S rRNA and  $MLS_B$  agents [124]. The *erm* determinants may be expressed inducibly or constitutively. Macrolides (14 and 15-membered) are good inducers of resistance, but lincosamides vary in their ability to induce, being better in streptococci [123] than in staphylococci. Thus, staphylococci with inducible *erm* genes usually appear macrolide-resistant, but clindamycin-susceptible *in vitro*. Clindamycin should be avoided when considering treatment of infections caused by macrolide-resistant staphylococci because of the risk of selecting mutants with constitutive *erm* expression; these are resistant to all  $MLS_B$  agents *in vitro*. Theoretically, clindamycin remains an option if the macrolide resistance was efflux-mediated (see below), but distinguishing between Erm-mediated resistance and other macrolide resistance mechanisms is often not undertaken in clinical laboratories.

Ketolides, such as telithromycin, are poor inducers of *erm* genes and are active against many macrolide-resistant streptococci [3]. However, the extent to which they retain activity against bacteria that express *erm* genes constitutively varies [125]. This depends first on the particular *erm* determinant present (those enzymes that monomethylate A2058 result in

only moderate increases in MICs of telithromycin, whereas those that dimethylate A2058 may confer high-level telithromycin resistance) and, secondly, on the efficiency of dimethylation in the particular species. Thus, constitutive Erm(B)-producing *Streptococcus pyogenes* are resistant to telithromycin, whereas constitutive Erm(B)-producing *S. pneumoniae* remain susceptible [126] most probably because the dimethylation step is more efficient in *S. pyogenes* [125].

Efflux pumps belonging to the major facilitator family [123,127,128] represent the other common mechanism of macrolide resistance; they confer resistance to macrolides only (the M phenotype) [123,129]. The *mef* genes that encode these pumps are mobile and have been found in streptococci, enterococci and several other genera [130]. *mef(A)* and *mef(E)* were originally detected in *S. pyogenes* and *S. pneumoniae*, respectively [123], although their distribution is not species-specific [131]. These genes, which share 90% DNA identity, have been considered to represent a single class, designated *mef(A)* [123], although differences in the genetic elements carrying them have led others to maintain the distinction [131].

The *erm* and *mef* genes are the most prevalent causes of macrolide resistance in Gram-positive cocci (see below). However, other mechanisms may be present: efflux pumps belonging to the ATP-binding transporter family [127,128] confer an  $MS_B$  phenotype, and are encoded by *msr(A)* alleles [which include the allele formerly called *msr(B)*] in staphylococci [123], and by *msr(C)* in *E. faecium* [132,133]; mutations in 23S rRNA or in ribosomal proteins L4/L22 have been reported in pneumococci [134–141], *S. pyogenes* [141,142], and *S. aureus* [143]; a novel efflux pump, encoded by *mre(A)*, has been reported in *S. agalactiae* [144]; and macrolides may be inactivated in staphylococci that produce the Mph(C) phosphotransferase [145]. Although this latter enzyme does not confer cross-resistance to L or  $S_B$  agents, the *mph(C)* gene was found on a plasmid that also carried *msr(A)* and *erm(Y)* [145].

Specific resistance only to  $S_B$  agents in staphylococci (and rare enterococci) is conferred by the Vgb(A) and Vgb(B) lyases (see below) [146–149]. Specific resistance to lincosamides is conferred by ANT, encoded by *lnu(A)* alleles in staphylococci [formerly *lin(A)*, *lin(A')* and related genes] [123,150,151], and by *lnu(B)* [formerly *lin(B)*] in enterococci [123,152].

Efflux-mediated macrolide resistance is usually associated with lower MICs than Erm-mediated resistance. For this reason, macrolide MIC distributions often appear trimodal for bacteria in which both mechanisms occur, with peaks representing susceptible (erythromycin MIC,  $\leq 0.5$  mg/L) 'efflux-resistant' (typical erythromycin MIC, 8–16 mg/L) and 'Erm-resistant' populations (typical erythromycin MIC,  $\geq 256$  mg/L). This is illustrated, for example, by  $\alpha$ -,  $\beta$ - and non-haemolytic streptococci from UK bacteraemias [6], and by pneumococci from PROTEKT US [38].

The prevalence of macrolide resistance among pneumococci exceeds rates of penicillin resistance. In the PROTEKT US survey, 28% of c. 10 000 isolates of *S. pneumoniae* collected in 2001–2002 were resistant to erythromycin (MIC,  $\geq 1$  mg/L), and <1% showed reduced susceptibility to the ketolide telithromycin; 70% of macrolide-resistant isolates were susceptible to clindamycin [38]. The mechanisms detected were: *mef*(A) only, 68.7%; *erm*(B) only, 16.8%; *mef*(A) + *erm*(B), 12.2%; *erm*(A), 0.2%; and unknown, 2% [153]. The worldwide prevalence of macrolide resistance in pneumococci, estimated from isolates collected 1998–2000, was 24.6% [37]. In the UK, 17% of pneumococci from bacteraemias were resistant to erythromycin [6], as were 10% of isolates from community-acquired respiratory infections [154].

Erythromycin resistance was found in 5.7% of *S. pyogenes* isolates from PROTEKT US [38], and in 10% of  $\beta$ -haemolytic streptococci (of groups A, B, C and G) from UK bacteraemias [6]. In the UK survey, 7% of  $\beta$ -haemolytic streptococci showed low-level (probable Mef-mediated) macrolide resistance; the remaining macrolide-resistant isolates showed high-level (probable Erm-mediated) resistance [6]. Similarly, 24% of  $\alpha$ - and non-haemolytic streptococci from UK bacteraemias were resistant to erythromycin; 17% showed low-level (probable Mef-mediated) resistance; and 7% isolates showed high-level (probable Erm-mediated) resistance [6].

## RESISTANCE TO STREPTOGRAMIN COMBINATIONS

A pristinamycin combination has been available as an anti-staphylococcal agent for many years in some European countries, for example, France [155], but quinupristin/dalfopristin, which was

licensed in the late 1990s, represented the first water-soluble streptogramin combination developed for injection. Quinupristin/dalfopristin consists of a synergistic mixture of a streptogramin A ( $S_A$ , dalfopristin) and a streptogramin B ( $S_B$ , quinupristin). These structurally distinct molecules act on different sites of the 50S ribosomal sub-unit and, given together, are bactericidal against many Gram-positive bacteria [156]. The combination is active *in vitro* against the vast majority of staphylococci and against many *E. faecium*, including glycopeptide-resistant strains. However, it has no activity against most *E. faecalis* strains, because of its apparent efflux via the Lsa pump, which appears to be intrinsic to the species [157–159], and its activity against other enterococcal species may be inferior to that against *E. faecium* [160].

Resistance to streptogramin combinations requires resistance specifically to the  $S_A$  component, but is augmented by the presence of mechanisms conferring  $S_B$  resistance [161].  $S_A$  resistance can be mediated by several mechanisms: specific acetyl transferases encoded by *vat*(A), *vat*(B) and *vat*(C) have been characterised in staphylococci [147,162,163], and by *vat*(D) and *vat*(E) (formerly *satA* and *satG*) in *E. faecium* [164,165]; also,  $S_A$  efflux pumps encoded by *vga*(A) and *vga*(B) have been identified in staphylococci [166,167]. Cross-resistance encompassing  $S_B$  compounds is commonly mediated by *erm* determinants (see above), but specific resistance to  $S_B$  agents is mediated by lyases, which inactivate the compounds and which are encoded by *vgb*(A) and *vgb*(B) [146–148]. Although these genes occur mainly in staphylococci, *vgb*(A) has been identified in occasional isolates of enterococci [149]. The *vat*(A–E) genes are often plasmid-mediated in staphylococci and *E. faecium*, which permits ready transfer between strains. Genetic linkage of multiple streptogramin resistance mechanisms on individual plasmids has been reported [147,168,169], as has linkage to genes conferring resistance to other antimicrobial classes [170–173]. In addition to acquired resistance mechanisms, low-level resistance to quinupristin/dalfopristin (MIC, 4 mg/L) arising from mutations in *rplV*, which encodes ribosomal protein L22, has been reported in a clinical isolate of *S. aureus* [143] and in two clinical isolates of *S. pneumoniae* [136].

There is concern that dissemination of *vat*(D) and *vat*(E) in *E. faecium* has been selected by use of



virginiamycin (another streptogramin combination) as a growth promoter in food production animals. These genes are found relatively readily in enterococci isolated from treated animals and retail meat [174–180], but have also been recovered from isolates from human clinical specimens or faeces, in some instances prior to licensing of quinupristin/dalfopristin [173,181,182], which provides circumstantial evidence for spread from a pre-existing reservoir of resistance. However, clinical isolates of *E. faecium* resistant to streptogramin combinations remain rare, which probably reflects low usage of quinupristin/dalfopristin. Low-level quinupristin/dalfopristin resistance (MIC 4–8 mg/L) may also be observed in clinical isolates of *E. faecium* that lack defined resistance determinants.

## FLUOROQUINOLONE RESISTANCE

The fluoroquinolones target DNA gyrase (topoisomerase II) and topoisomerase IV, which are essential for the DNA supercoiling of bacterial DNA and any process that requires it (e.g., DNA replication, transcription, etc.). Resistance to fluoroquinolones, which are synthetic, arises via mutational target modification or efflux; drug inactivation has not been reported in bacteria. Earlier analogues, such as ciprofloxacin, tend to be affected more than newer generation fluoroquinolones; as with many other antibiotic classes, the pharmaceutical industry has provided a multitude of novel quinolones, which extend the spectrum of the class, particularly against Gram-positive cocci [3,183].

In contrast with mutational resistance to many other antibiotics, acquisition of a single target-modifying mutation does not usually confer significant fluoroquinolone resistance. Rather, resistance is a cumulative process, with increasing numbers of mutations generally correlating with increasing MICs of fluoroquinolones. Both the DNA gyrase and topoisomerase IV targets consist of sub-units. These are encoded by *gyrA* and *gyrB* (for DNA gyrase), and by *parC* and *parE* (for topoisomerase IV). Mutations that confer fluoroquinolone resistance arise in *gyrA* and *parC* (changes in *gyrB* and *parE* also occur, but are less common), and are usually clustered in specific areas of the genes, known as the quinolone resistance determining regions. The quinolone resistance determining regions centre around the

codons that encode residues serine-81 of GyrA and serine-79 of ParC. The mechanisms and epidemiology of fluoroquinolone resistance in Gram-positive cocci have been reviewed recently [184–186]. Low-level resistance results from mutations in either GyrA or ParC, whereas high-level resistance is associated with mutations in both proteins. The gene affected in first-step mutational events depends on the primary lethal target of the fluoroquinolone under study; some analogues target GyrA preferentially, others ParC, and yet others have 'dual action' [3,183]. Mutational resistance to fluoroquinolones has been reported extensively in staphylococci and pneumococci (for reviews, see [185,186]). It also occurs in enterococci [187–192], and has been reported in occasional isolates of *S. pyogenes* [193–195].

Efflux-mediated resistance involves multi-drug efflux pumps (MDRs) belonging to the major facilitator family [123,127,128] rather than fluoroquinolone-specific channels, so other antibiotic classes tend also to be affected. These pumps include NorA (and others) in *S. aureus* [196–201] and PmrA (and others) in pneumococci [202–207]. Also, interrogation of the *E. faecalis* genome led to characterisation of *emeA*, which encodes a NorA homologue, and to the recognition of many other putative MDRs in this species [208,209].

A novel fluoroquinolone resistance mechanism, involving decreased expression of topoisomerase IV, was recently identified in a laboratory-generated *S. aureus* mutant that showed low-level ciprofloxacin resistance (the MIC rose 4- to 8-fold, from 0.125–0.25 to 1 mg/L) [210].

## OXAZOLIDINONE RESISTANCE

Linezolid was the first oxazolidinone to be licensed [211], although other members of this novel class of antibacterial agents are in development [3]. Oxazolidinones bind to the 50S ribosomal sub-unit [212] and prevent protein synthesis by inhibiting formation of the 70S ribosomal initiation complex. Cross-linking studies have revealed that linezolid binds with the conserved nucleotide A2602 in the 23S rRNA, with ribosomal protein L27, and with ribosome-associated LepA (a protein with homology to translation factors), indicating that peptidyl transferase is the primary target for the agent [213].

The oxazolidinones are synthetic agents and there is no pre-existing reservoir of resistance. Resistance arises, not from the acquisition of

genes, but by mutation in chromosomal genes encoding 23S rRNA. A number of mutations affecting the peptidyl transferase domain of the 23S rRNA have been shown to confer linezolid resistance in laboratory-generated mutants [214]. Mutation of nucleotide G2576 → T (with reference to the *Escherichia coli* numbering of GenBank AF053964) is the most widely reported mutation among linezolid-resistant clinical isolates (MIC, >4 mg/L), having been found in enterococci [215–218], *S. aureus* [219–221], and also in single isolates of *S. epidermidis* and *Streptococcus oralis* (the latter isolates had additional mutations in their 23S rRNA, but the contribution of these to linezolid resistance, if any, was not ascertained) [222]; a T2500A mutation was recently reported in a clinical isolate of *S. aureus* [223].

Unusually for bacterial genes, the rDNA genes of most species are present in multiple copies. Oxazolidinone resistance probably arises via a two-step process, an initial mutational event affecting one gene copy, followed by intra-genomic recombination (also known as gene conversion) events to distribute the mutation to sufficient rDNA alleles to confer phenotypic resistance. In support of this, the MIC of linezolid for resistant enterococci correlates with the copy number of rDNA alleles possessing the mutation [224–226], and resistance arose less readily in a recombination-deficient strain of *E. faecalis* [227].

To date, linezolid resistance has emerged only rarely and usually during treatment, although there are exceptions to both of these generalisations [228,229]. As resistance is mutational and not transferable between strains, we must be concerned about the potential for spread of the linezolid-resistant strains. Thus, infection control is the major issue when linezolid-resistant enterococci or staphylococci are isolated. A nosocomial cluster of infections caused by linezolid-resistant enterococci affecting eight patients on an oncology ward in the USA has been reported [230], but there are no reports of cross-infection with linezolid-resistant MRSA. However, unfortunately, the prevalence of MRSA in many countries stands as poor testament to the effectiveness of infection control in many hospitals. In the UK, the emergence during therapy of linezolid-resistant isolates of EMRSA-15 [220] is a worrying development given the predilection of this strain for nosocomial spread [6,7].

## RESISTANCE TO OTHER AGENTS

### Chloramphenicol

Most resistance to chloramphenicol in Gram-positive cocci is mediated by chloramphenicol acetyl transferases, which are encoded by plasmid-mediated or chromosomally integrated *cat* genes. Many *cat* variants have been identified, and they fall into distinct classes on the basis of hybridisation data and their sequence [231]. Several are shared by staphylococci, enterococci and streptococci. For example, the staphylococcal *cat*<sub>PC194</sub> determinant [232] is associated with conjugative transposon Tn1545 in pneumococci [116,233,234]; it is also found in other streptococci and in enterococci [231]. The *cat*<sub>PC221</sub> and *cat*<sub>PCS7</sub> determinants are also from staphylococci, but have been detected in enterococci and streptococci [231,232,235].

### Fusidic acid

Resistance to fusidic acid (an inhibitor of elongation factor G) arises in staphylococci by various mechanisms. Fusidic acid monotherapy is usually avoided in hospitals because of the likelihood of selection of resistant mutants [236]; these usually have alterations in *fusA*, which encodes EF-G [237–240]. In the UK, increased (mainly topical) use of the agent in the community has been associated with rising resistance rates in *S. aureus* [241]. Other fusidic acid resistance mechanisms occur in staphylococci, but few have been precisely defined; they include impermeability and efflux, and some are plasmid-mediated [239,242,243]. Inactivation of fusidic acid by some CAT enzymes has also been reported, but the clinical relevance of this to staphylococci that are fusidic acid-susceptible, chloramphenicol-resistant *in vitro* is unknown [239].

### Mupirocin

Mupirocin is a topical anti-staphylococcal agent used, for example, to eradicate MRSA carriage. It inhibits isoleucyl tRNA synthetase, thereby stopping protein synthesis. Staphylococci can develop resistance to mupirocin by two mechanisms: chromosomal mutations in the chromosomal *ileS* gene give rise to low levels of resistance (MIC, 8–128 mg/L) [244,245], which are not considered to be clinically significant because topical application gives local concentrations far in excess of

the MIC; acquisition of a second, resistant isoleucyl tRNA synthetase (encoded by *mupA*, which is often plasmid-mediated) by-passes the action of mupirocin and gives clinically significant, high-level resistance (MIC,  $\geq 256$  mg/L) [244,246–248].

### Rifampicin

Rifampicin resistance arises readily via chromosomal mutations in *rpoB*, which encodes the  $\beta$ -subunit of RNA polymerase. This mechanism has been described in staphylococci [249–251], enterococci [252] and streptococci [253]. *Nocardia* and related bacteria are able to inactivate rifampicin via a number of mechanisms [254]. These mechanisms have not been reported in Gram-positive cocci, although *arr-2* (encoding a rifampicin ADP ribosyltransferase) has been detected as an integron-borne resistance cassette in Gram-negative bacteria [255].

### Tetracyclines

Tetracycline resistance in Gram-positive cocci is mediated by two main mechanisms, efflux pumps and ribosomal protection systems [256,257]. Typically, the efflux pumps confer resistance (MIC,  $>8$  mg/L) to tetracycline and doxycycline, but not to minocycline, whereas the ribosomal protection systems confer resistance also to minocycline. The specific mechanisms described are: for staphylococci, the Tet(K) and Tet(L) efflux pumps, plus the Tet(M) and Tet(O) ribosomal protection systems [256,258]; for enterococci, Tet(K), Tet(L), Tet(M), Tet(O), plus the Tet(S) ribosomal protection system, and the *tet(U)* determinant, which confers resistance by an undefined mechanism [256,259]; for streptococci, Tet(K), Tet(L), Tet(M), Tet(O), plus the Tet(Q) and Tet(T) ribosomal protection systems [256]. Arguably, *tet(M)*, associated with the conjugative transposon Tn916, is one of the most successful of all antibiotic resistance determinants.

Mechanisms conferring resistance to the glycylcycline tigecycline have not yet been identified in Gram-positive cocci. Bacteria resistant to earlier tetracycline analogues by efflux or ribosomal protection mechanisms usually remain susceptible to tigecycline [3]. However, mutations in the Tet(A) and Tet(B) efflux pumps of Gram-negative bacteria can confer resistance to tigecycline [256,260,261], and the AcrAB pump is responsible for the intrinsic reduced susceptibility of *Proteus*

*mirabilis* to tigecycline [262]. By analogy, it seems possible that efflux-mediated reduced susceptibility will eventually emerge in Gram-positives.

### Trimethoprim

In pneumococci, resistance to trimethoprim reflects mutations in the chromosomal *dfr* gene encoding dihydrofolate reductase (DHFR) [233]. As with the PBP changes that mediate  $\beta$ -lactam resistance in this species, interspecies recombination with other streptococci is considered important for the diversification of pneumococcal *dfr* [263]. Chromosomal *dfr* mutations also occur in staphylococci [264] and enterococci [265].

Plasmid-mediated resistance in staphylococci is associated with acquired DHFR S1 and S2, encoded by *dfrA* and *dfrD* respectively [266,267]. Both probably represent the 'escape' to plasmids of chromosomal *dfr* genes from CoNS species. Transferable, plasmid-mediated trimethoprim resistance has been observed in enterococci, although the mechanism was not elucidated [268]. An acquired, chromosomally located DHFR (encoded by *dfrF*), which conferred high-level trimethoprim resistance (MIC,  $>1024$  mg/L) has been characterised in a strain of *E. faecalis* [265]. When sought, the staphylococcal *dfrA* determinant has not been found in enterococci [269].

### CONCLUDING REMARKS

Bacteria have proved themselves able to develop or acquire resistance to every antibiotic class used against them. This review has summarised the myriad mechanisms encountered in Gram-positive cocci, but the mechanisms of Gram-negative bacteria are equally diverse and, arguably, present far greater clinical challenges at the present time. Anti-Gram-positive agents such as linezolid and quinupristin/dalfopristin retain good activity against the majority of MRSA, GRE and streptococci, but resistance has been reported even to these. We need to develop agents with enhanced modes of action, such as the second-generation glycopeptide oritavancin or agents with novel mechanisms of action, such as the lipopeptide daptomycin [3], while bearing in mind the fact that any antibiotic has only a limited period of 'virginity' before resistance emerges. We must implement strategies that maximise these periods and maintain the efficacy of new agents.

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